

Woman's Page

Green Peppers Used in Leftovers—Many Ways to Use Peppers
—Peppers Fried in Olive Oil and Served With Beef-steak—Stuffed With Mushrooms—Any Sort of Leftover Meat Utilized in Stuffing Peppers—Brief Beauty Reminders for the Outing Girl—Loose Skirt and Blouse Must Be Worn When Playing Tennis.

GREEN PEPPERS ARE GOOD IN MAKING USE OF LEFTOVERS.

Green peppers are used as a decoration and as a foundation.

There are numerous combinations that may be worked out with peppers, and as they are very good for the stomach they should be used in some form very often during the season.

Pepper Relish—A pepper relish may be made by chopping the peppers quite fine, either alone or with cucumbers, onions or green tomatoes.

After being seeded and all scalded the chopped peppers are salted very slightly and covered with boiling vinegar. A little horseradish may be added.

Pepper Hash—To make pepper vegetable hash run through a food chopper sufficient cold boiled potatoes and uncooked seeded peppers to make three-quarters of a pint each.

Add a quarter of a pint of chopped onion and the pepper juice. Mix and season with salt.

Melt two tablespoons of butter in a frying pan, then two tablespoons of milk or stock. Cook until browned on one side, then turn it over like an omelet and brown on the other side.

Finely shaved peppers are a good addition to almost any salad, and a particularly good sandwich is made from any sort of coarse flour bread well buttered and with a filling of shaved peppers, over which a little olive oil has been dripped.

Peppers are also very good when fried in olive oil and served with beefsteak.

They may be mixed with onions and piled around the steak in a covered dish and left to mellow.

Almost any sort of leftover meat may be utilized as stuffing for green peppers. Stuffed green peppers are a real delicacy and admit no end of practical and palatable combinations.

Stuffed with Salmon—Cut the stem end from green peppers and scoop out the seeds. Make a salad with one can of salmon, one teaspoonful of pepper seeds, one cupful of chopped celery and sweet pickles. Mix with thick mayonnaise. Stuff the pepper shells and serve on lettuce leaves.

A stuffed olive or piece of parsley may be tucked in the end of the pepper as a garnish.

Stuffed with Oysters—Remove the stems and seeds from six green peppers. Parboil 25 oysters in their own liquor and season with salt.

Chop fine half of a large pepper and one very small onion, and fry in butter. Mix the fried pepper and onion and oysters together, and add bread crumbs until the stuffing is of a suitable consistency. Stuff the peppers, dot with butter and bake until brown. These may be served with tomato sauce or with cream sauce.

Stuffed with Curried Rice and Tomato—Make a stuffing of boiled rice and canned tomato and a small minced onion. Season with salt and add half a teaspoonful of curry powder

dissolved in a dessertspoonful of water. Fill the peppers and bake, basting with hot water.

Stuffed with Cheese and Rice—Cut the peppers lengthwise and remove the stems and seeds. Moisten boiled rice with a little cream and stuff the peppers with it. Over it all sprinkle grated cheese, dot with butter and bake.

Stuffed with Beefsteak—One onion eight green peppers, one pound of lean raw beef, one egg, one teaspoonful of onion, one tablespoonful of onion grated or chopped very fine. Cut off the tops of the peppers and remove the seeds. Mix the meat with the egg and the seasoning and fill the peppers with this mixture. Put the onion in the stewpan and just cover with water. Put the peppers in this and stew until they are done.

Stuffed with Mushrooms—Mix a can of chopped mushrooms and a large cupful of bread crumbs. Cook to a smooth paste, moistening with tomato sauce. Season with salt. Stuff the peppers and bake.

Stuffed with Veal or Chicken—Take some large peppers, soak them a few days in salt water, changing the water constantly to make them less pungent. Cut out the vein that makes them so hot and stuff them with finely chopped veal or chicken seasoned with salt, butter, a little onion and parsley, some sweet herbs and crumbs of bread. Stuff the peppers and dry in butter. Serve with a rich gravy.

The natural cement produced in the United States in 1913 amounted to 74,638 barrels of 205 pounds each, valued at \$345,889, compared with an output of 82,231 barrels, valued at \$367,222, in 1912, a decrease in 1913 of 7,593 barrels and of \$21,333 in value.

Puzzolan cement was manufactured in 1913 at three plants in the United States, in Alabama, Ohio and Pennsylvania. The output of puzzolan and Colow cements in 1913 was 107,313 barrels, valued at \$27,653, compared with 91,864 barrels, valued at \$27,363, in 1912, an increase in quantity of 15,449 barrels and in value of \$2,300.

The United States has a comparatively small export trade in cement. In 1913 the total quantity exported was only 2,964,358 barrels, most of which was Portland cement, valued at \$4,270,666, compared with 4,215,232 barrels, valued at \$6,160,341, in 1912—United States Geological Survey.

BRIEF BEAUTY REMINDERS FOR THE OUTING GIRL.

Cold cream rubbed over hands and arms before going into the water for the first time, will prevent unpleasant sunburn. A little of the cold cream may be rubbed into the face and neck also, a dusting of talcum powder being put on top to remove the shiny appearance.

Shampoo the hair regularly once a week if a salt water bath is taken every day. Salt water makes the hair dry and brittle and causes it to break in spots unless carefully washed out at least once a week, and the hair and scalp kept clean and soft.

If you are apt to freckle, wear a bathing suit and a boating dress with sleeves to the wrist and a collar rising high at least at the back. A bad case of summer freckles will sometimes last a whole lifetime, yielding to no treatment however strenuous, and will completely spoil the arms and neck for the wearing of evening dress.

Rub cold cream into the palms of the hands at night unless you want horny palms, calloused below the fingers from handling golf sticks, tennis bat and oars.

If a glare of light makes you squint, swallow your pride and wear dark glasses when on the water or on the sands on very bright days. The glasses worn for a short time, will not be half as unbecoming as fine wrinkles around the eyes for a lifetime.

THE ORIGIN OF SURNAMES.

The study as to the origin of surnames is more intricate than one who has never engaged in it would suppose. The name of the present President of France, Monsieur Poincaré, appears to mean "square fist," which could hardly need a coat-of-arms to go with it. The greater part of our English names ending in "ing," are, according to Professor Weekley in his book "The Surnames of Anglo-Saxon origin." Among these are Browning, Benning, Dunning, Kipling, Manning and Spalding. Among Anglo-Saxon surnames greatly changed in their spelling and pronunciation are beald (bold), beort (bright), cytel (kettle), god (good), heard (strong), here (army), man (man), mund (protection), roed (counsel), ric (powerful), weald (ruling), weard (guard), wine (friend).

The name Everett is from the Saxon Eoforheard, which also takes the form of Everard; Gunter was Gundhered. Redmond, the name of the great Nationalist leader, is not Irish, but is from the Saxon Redmund; neither is the name Parnell Irish. "Mand" and "Mund" were often interchanged, so that from Eastmund came both Eastman and Esmond. The name of the knight, Falstaff, comes from the Saxon Fastulf, and Hubert, Hubbard, Robert, Hubert, have as their ancestor, or Herebeorht (army knight), and Regemund came to be Raymond. The name Cytel is connected with the Kettle or Cauldron of Norse mythology. It survives in such names as Chettle, Kettle, Chell, Kell, whence comes the name Kelsey—"the 'ey' tending to confirm the opinion that the original Kelsey was an islander. Many names of common folk, the plain people, have been ennobled. Prominent among these is Stewart or Stuart, which became royal with Walker, the steward of Scotland, who married Marjorie Bruce in 1315. It stands for stayward, where stay means, men, but is not necessarily limited to place.

"Perhaps the most interesting group of nicknames," says Professor Weekley, "is that of which we may take Shakespeare as the type. Incidentally we should be thankful that our great poet have a name so much more picturesque than Corneille, crow or Racine, 'root.' As Bardley well says, it is impossible to retail all the nonsense that has been written about the name Shakespeare—never a name in English nomenclature so simple or so certain in its origin; it is exactly what it looks—Shake-spear"—Indianapolis News.

THOUSAND CELEBRATE.

American Fork, July 3.—One more day of the big homecoming celebration passed off successfully. Not a hitch of any kind marred the entertainment and enjoyment of the hundreds of homecoming visitors. The weather was ideal. Dozens of automobiles, furnished free by the citizens of the town, were kept busy all the forenoon in taking care of the home-comers. Scores of old-timers who lived here from five up to fifty years ago were taken to all the points of interest.

In the afternoon there were sports at the city park, consisting of baseball, foot races, relay races and horse races. In the evening there was a big reception and an informal program on the city hall grounds, at which there were between four and five thousand persons present. Reminiscence addresses were made by a number of homecoming visitors. Governor William Spry and staff and President Joseph P. Smith were among those who spoke. The festivities for the day closed with a grand ball in the Apollo hall.

Tennis is an active game and calls for loose clothing. Nothing is more unsightly than a woman essaying the long jumps, reaches, bending and stooping of tennis, clad in a too tight skirt and bodice. Wear a skirt sufficiently wide and a very loose blouse over a firmly fastened brassiere unless you care to make a spectacle of yourself for beholders.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, it requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Therefore, it cures Catarrh of the bladder, prostate and urethra, and gives the patient strength by building up the system and restoring the vitality in doing its work. The proprietors have so much faith in its curative powers that they offer the hundred dollar reward for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 7c.

Take Hall's Family Pills for constipation.

INCREASED CEMENT PRODUCTION

The year 1913 was a record breaker in the cement industry. The total quantity of Portland, natural, and puzzolan cement produced in the United States last year was the greatest in the history of the cement industry, amounting to 92,949,102 barrels, valued at \$93,001,169, compared with 83,251,191 barrels, valued at \$87,461,513, in 1912.

The total production of Portland cement in 1913, as reported to the Geological Survey was 92,957,131 barrels, valued at \$92,557,617; the production for 1912 was 82,438,096 barrels, valued at \$87,016,928. The quantity of Portland cement produced, 92,957,131 barrels, is equivalent to 15,623,620 long tons. Compared with the production of pig iron for 1913, which was 30,966,301 long tons, the Portland cement production is nearly 50.5 per cent of the quantity of pig iron.

Of the 113 producing plants in the United States in 1913, twenty-three were in the State of Pennsylvania, whose output was 25,707,215 barrels; Portland cement, the largest quantity produced by any one state. The second greatest production came from Indiana, with 10,872,574 barrels, and California was third, with 6,159,182 barrels.

When the sale began at noon yesterday, the original \$14,000 to have been sold had dwindled to \$17,610, owing to payments at the last moment. Of the \$17,610, more than \$7000 was redeemed by the owners themselves, leaving but \$10,396 to be sold.

DIVORCE IS GRANTED.

Kemmerer, Wyo., July 3.—Judge David H. Craig held a special session of the district court in Kemmerer, the latter part of last week.

The principal case set for trial was that of Anson V. Call versus Artemicia Call in a suit for divorce. The suit was originally brought by Mr. Call, but Mrs. Call filed her answer and cross petition, asking that the decree be granted to her instead of to Mr. Call.

Both parties had a large number of witnesses to testify at the hearing, but later it was found that this was unnecessary. Tobert Christman, Mr. Call's attorney, and Robert Rose, representing Mrs. Call, perfected an agreement between the suing parties by the terms of which Mrs. Call obtained the divorce decree, the custody of all the five children and a warranty deed to the home in Afton, valued at about \$5000. The divorce was granted.

RASH ON FACE SPREAD RAPIDLY

Ran Up to Ear. Blotch of Pimples, Itched and Swelled. Used Cuticura Soap and Ointment. In Two Months Trouble Gone.

Grant, Wis.—"My sister had a very bad, deep, wet, running sore on the side of her face and it ran up to her ear. It commenced with a small blotch of pimples which turned into a kind of rash and spread rapidly. It itched and looked red and sore for some time and slightly swelled. A thin fluid dripped and ran from the sore which looked like water. Then the swelling would go down and I would keep on spreading it. It bothered her during sleep and she would be restless. It was a kind of eczema. She treated for some time and it did not help her. It kept spreading larger and deeper. Having always used Cuticura Soap we tried her to use Cuticura Soap and Ointment and used them. She washed the sore every day with the Cuticura Soap and applied the Cuticura Ointment three times a day. It was two months when it was entirely gone." (Signed) Miss Emma Retzlaff, Apr. 7, 1914.

Samples Free by Mail

Although the Cuticura Soap and Ointment are most successful in the treatment of affections of the skin, scalp, hair and hands, they are also most valuable for everyday use in the toilet, bath and nursery because they promote and maintain the health of the skin and hair from infancy to age. Cuticura Soap (25c) and Cuticura Ointment (60c) are sold everywhere. Sample of each mailed free, with 32-p. Skin Book. Address post-card "Cuticura, Dept. T, Boston."

20 YEARS

Of satisfactory, high class plumbing in Ogden entitles John Smeding to your consideration when you want good work done right. His services, his supplies are best always.

JOHN SMEDING

PRACTICAL PLUMBER

420 24th Street.

Phone 1491-J.



DESIGN FOR FIGURED CREPE.

Line green crepe, with figures of black and orange, was made up as shown in this sketch.

The inset vest is made of tucked linen lawn, closed with small jet buttons and wristlets of the same lawn finish out of the sleeves. Black satin is used for facings.

CITY TREASURER SELLS PROPERTY

Salt Lake, July 4.—The city treasurer yesterday sold property against which there were delinquent special improvement tax assessments amounting to \$10,396.55. The city purchased about 98 per cent of the property itself, there being but four purchases by other parties.

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force was obtained on the ground that Mr. Call had deserted his wife.

WOMAN DIES SUDDENLY.

Nounan, Idaho, July 3.—Mrs. Jane Skinner, widow of the late John Skinner, died at her home at this place last Sunday morning. Mrs. Skinner had been enjoying very good health and Saturday morning she took a long automobile ride. She was taken ill early Sunday morning and died at 9 o'clock.

Mrs. Skinner was born in Devonshire, England, on May 26, 1831. Before coming to the United States in 1856 with her parents she accepted the Mormon faith and had always taken an active interest in church work. By Mrs. Skinner's company with her husband, settled in Nounan valley in 1875, being among the first families there.

Mrs. Skinner was the mother of thirteen children, ten of whom survive her. Most of her children live in this county. She is also survived by eighty-five grandchildren, 107 great-grandchildren and two great-great-grandchildren.

POSTMASTER TAKES CHARGE.

Montpelier, Idaho, July 3.—J. S. Robison, the newly appointed postmaster at this point, took charge of the office yesterday. On the same day the Montpelier postoffice was raised from the third class to the second. Mr. Robison had nothing to say except that he would serve the patrons of the office to the best of his ability.

Louis Perkins, Frank Hoff and Miss Mary Winters are assisting the new postmaster in the discharge of his duties until the examination for the assistant postmaster and the two clerks who will be employed in the office in addition to the postmaster.

COMPLETING NEW CREAMERY.

Afton, Wyo., July 3.—The new creamery of the Burton Mercantile company of this city is nearly completed and will be opened in a few days. A short time ago this company's creamery building burned down, entailing a loss of several thousand dollars. During the time which they were building the new building they had been taking care of the patrons of the company and at no time did any of the customers suffer any loss due to the burning of the Burton creamery.

LOG DRIVE COMPLETE.

Kemmerer, Wyo., July 3.—The log drive for the Kemmerer Coal company is all in and the yards at Frontier are piled high with the 110,000 pieces of props and sawlogs. This is a sufficient number of logs to last for two years and there will be no more cut this winter. John Norman had the contract to drive the logs down Hams fork from the head timber.

DELINQUENT NOTICE.

Ogden Canal & Water Co. Location of business Ogden, Utah.

Notice: There are delinquents on the following described stock, on account of assessment levied on the 2nd day of April, 1914, and any assessment levied previously thereto, the several amounts set opposite the names of the respective shareholders, as follows:

No. of Shares. Am't.

4 Elizabeth S. Shields... 30 \$ 60

5 Fred A. Shields... 100 160

1007 Dennis J. Sheehan... 105 210

818 John Smuin... 32 64

390 Mary Ann Burnhope... 51 102

65 John Bowman... 125 250

595 Elizabeth Thomas... 10 20

58 Sarah Ann Marshall... 10 20

1086 A. J. Jost... 73 146

67 Mary A. Jost... 30 60

69 Emma J. Hinley... 72 144

971 C. L. and Mary J. Gosling... 59 118

1214 Ethel S. Skeen... 51 102

975 A. E. Helms... 39 78

99 Samuel Culley... 99 198

104 Carl Anderson... 25 50

107 Samuel Horrocks... 120 240

112 William Farrell... 130 260

939 LeRoy Cowles... 35 70

188 O. A. Parmley... 52 104

196 A. D. Shortliff... 52 104

1045 Herbert Cook... 80 160

222 J. M. Lightfoot... 24 48

645 Christian Bouwhuis... 51 102

221 Elizabeth Severt... 37 74

723 Henry W. Beckett... 29 58

932 Mary A. Loutham... 24 48

1164 Ernest W. Schonian... 71 142

288 Eliza M. Krumpelman... 145 290

315 William Royle... 27 54

315 Mrs. R. P. Harris... 40 80

1213 R. S. Venable... 50 100

354 Mrs. Selma Marks... 35 70

CHICHESTER'S PILLS

THE DIAMOND BRAND. Ladies! Ask your Druggist for Chichester's Pills. They are made of purest ingredients and are the most reliable medicine for all ailments of the system. Take one or two, after a meal, and you will find them the most reliable medicine for all ailments of the system. Sold by Druggists Everywhere.

The Woman Who Takes

the proper help to keep her digestion right and her system free from poisonous accumulations, is not troubled with headaches, backache, languid feelings, unnatural sufferings. All women who have tried

BEECHAM'S PILLS

know this famous remedy to be the proper help for them. A few doses will make immediate difference and occasional use will cause a permanent improvement in health and strength. They cleanse the system and purify the blood and every woman who relies on Beecham's Pills, not only enjoys better physical condition, with quieter nerves and brighter spirits, but she

Enjoys A Clear Complexion

Directions of Special Value to Women with Every Box. Sold everywhere. In boxes, 10c., 25c.

1040 Ellis Flint... 71 142

386 George M. and Jane Kerr... 64 128

1113 Job Read... 17 34

400 William Drysdale... 24 48

406 Edwin Maw... 40 80

419 William Welmers... 14 28

838 George E. Rowland... 24 48

766 M. D. Voight... 98 196

438 Joseph P. Foster... 57 114

453 Mary E. Hastings... 24 48

825 John Gilmore... 56 112

474 Beryl Covington... 94 188

484 Oscar Williams... 32 64

492 Jane B. Snaddon... 146 292

498 Jane A. Wilson... 160 320

507 Ellen Chapman... 246 492

819 Casper Bachman... 45 90

887 John Rackham... 24 48

1010 F. Jarvis... 48 96

565 Marian E. Johnson... 32 64